

Possessions

Residents may have up to \$20 in cash, but will be kept in a lock box. This cash may be used to donate at AA/NA meetings and/or for recreational group activities.

The amount of possessions is limited for multiple reasons (cleanliness, avoid infestation of bugs, overcrowding, accountability to program.) The following is a list of items you may have while in treatment:

- 8 shirts
- 8 pants (jeans, sweats, shorts, capris)
- 8 bras
- 8 socks
- 10 underwear
- 2 hooded sweatshirts
- 1 coat/jacket/gloves/winter hat (in cold weather months, and not to be worn inside)
- 3 pair shoes (boots, flip flops, tennis shoes, etc.)
- 1 slippers
- 4 pajamas
- 2 bath towels
- 2 wash cloths
- 1 shampoo
- 1 conditioner
- 1 face wash
- 1 bodywash
- 1 cup for hot/cold beverages
- 1 laundry bag/collapsible hamper
- 1 lotion
- 1 deodorant
- 1 chapstick
- 1 box pads
- 1 toothbrush
- 1 toothbrush holder
- 1 toothpaste
- 1 mouth wash (non-alcohol)
- 1 floss picks
- 1 hairbrush/comb
- 3 hair products (non-alcohol)
- 1 hair dryer
- 1 straightener or curling iron
- 1 tweezer
- 1 nail clipper

1 ring, 1 necklace, 1 bracelet, 1 pair of earrings
1 folder, 1 3-ring binder, 1 planner, 3 notebooks or 2 notebooks & 1 journal
1 writing utensil (clear pens) (pencil)
3 book items (book, crosswords, puzzle book) must be approved by Program Manager
5 pictures of kids or collage of pictures (discretion of site managers)
5 hair ties, 2 head bands, 1 headband with ear warmers in cold-weather months. No scrunchies.
3 rubberbands
1 Sunglasses
1 Shaving cream
5 Make-Up Items (for example: foundation, eyeliner, blush, eye shadow, mascara)
1 AM/FM radio: (During downtime/bedroom)
1 Laundry Detergent
1 Fabric Softner
1 Pack of razor
1-Belt
1-Uncased Pillow
1-Blanket
1-Personal Item that is approved through the site supervisor
Cigarettes (No rolled cigarettes)

- * Cigarettes can be brought back from home visits or approved time by site supervisor.
- *Residents may not bring any other items into the agency unless permission is granted by staff.
- *Residents will wear the same outfit back from home visit that they left in. Resident will have a “night outfit” prepared to change into once they arrive from home visit.
- *You may bring replacement hygiene items back the first and third Sunday of the month.
- *Seasonal clothing may be exchanged out will be at the discretion of the site manager
- *Your clothing/possessions will be put in the dryer to ensure that bed bugs are not brought into the facility.
- *Once an item is in the facility, it remains. Can not be taken with you on home visits.